



Dear Facility,

The Alcoholics Anonymous Bridging the Gap program offers support to individuals leaving your treatment facilities by connecting them with a Temporary Contact. This contact is simply a volunteer member of A.A. who helps the newcomer transition from treatment into the fellowship of Alcoholics Anonymous in their own community.

Temporary Contacts typically accompany newcomers to a limited number of A.A. meetings, introduce them to other members, ensure they have phone numbers and A.A. literature, and share the benefits of sponsorship and belonging to a home group. Volunteers generally have at least one year of sobriety and often work in pairs. Matches are made based on gender, and location and if possible by age. All volunteers are trained by the Area 93 Treatment Facilities Committee to carry out this important 12th Step work—sharing the message of recovery through Alcoholics Anonymous.

We know from experience that returning to the “real world” can be challenging. Many of us had never been sober outside of an institution, and those first days could feel overwhelming. Even when we understood that we couldn’t make it alone, we often wondered: Where will I find a meeting where I feel comfortable? Who can I trust? Will I fit in at all?

These doubts are common, and that’s why Bridging the Gap exists. By providing encouragement and companionship during those crucial first days, we can help alcoholics feel welcomed and supported in A.A.

You can reach us through our voicemail, email, or mailing address listed below. Bridging the Gap is simply alcoholics helping other alcoholics. We are part of Alcoholics Anonymous, and we are not affiliated with any outside organization. Our only purpose is to share the gift of recovery and to make those first connections that can mean so much to someone new.

We look forward to working with you and to carrying the message of Alcoholics Anonymous to your clients and patients as part of their exit plan.

With gratitude,

Kristian B, Panel 75 of Area 93

(424) 284-9322

Area 93 Treatment Facilities Committee

Bridging the Gap

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